

WIN BIG! \$50,000
IN SUPER GIVEAWAYS

Woman's Day

LIVE WELL EVERY DAYSM

Speed Cleaning

In Half the Time

20 Ways to **BURN
MORE FAT**

Help! What's for Dinner?

15 Fast Ideas

Relax!

Easy Ways to
Destress Your Life

APRIL 1, 2008



Visit the new WomansDay.com for recipes, health news, videos & more!

make a clean start

Sixteen readers can get a jump on spring cleaning if they win a Bissell Healthy Home vacuum. It has an airtight filtration system that traps 100 percent of dust mites, pollen, ragweed and mold spores. Also included: tools to make cleaning tight spaces, like under the sofa, a snap.



\$4,000
VALUE

biker babe

One reader will score an Espresso S2u cardio bike. The bike has a 17" Internet-connected screen that simulates riding outdoors on virtual courses, like the California coast. It also monitors your heart rate and lets you race your best time.



\$5,145
VALUE

\$2,000
VALUE

watch this

HourPower watches are perfect gifts: Sure, they keep time, but they also hold a photo and engraved message. Ten readers will win a Golden Goddess watch with two interchangeable bands.



\$5,000
VALUE

perfectly clear

Varilux progressive lenses are like corrective laser surgery for bifocal lenses—they make your vision crisp and clear. Ten readers will win a voucher for lenses to fit their prescription and frames.

camp in style

Five winners and their families will sleep under the stars in comfort if they win an ultimate camping package from Eureka. It includes a roomy 13' x 10' N!ergy tent, which comes with power plugs to run lights and fans, as well as charge cell phones and iPods; a comfy folding hammock; cozy sleeping bags for the whole family; and a lightweight aluminum picnic table and bench set that folds up for easy transport. ▶



\$5,000
VALUE